

JOHN KARIUKI KIBUIKA

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SUMMARY

Physically fit General Laborer effective at completing projects and tasks on schedule. Consistently follows through with all orders and instructions. Works well in team setting to complete all job-related duties, maintain safe working conditions and adhere to OSHA regulations.

SKILLS

- Proven track record of consistently meeting deadlines in fast-paced environments.
- Demonstrated hand-eye coordination
- Meticulous attention to detail in all aspects of work.
- Strong interpersonal and communication skills.
- Skilled in utilizing scanning technology to accurately track and record package movement.
- Comprehensive knowledge of shipping protocols and regulations.
- Capable of lift heavy objects and stand for prolonged periods of time.
- Proficient in processing shipments, including sorting, labeling, and preparing documentation.
- Familiarity with operating various material handling equipment such as forklifts, pallet jacks, and conveyor systems.
- Strong commitment to maintaining a safe work environment by adhering to safety protocols, identifying potential hazards, and taking proactive measures to mitigate risks.

WORK EXPERIENCE

Package Loader

2014 to 2023

DEL MONTE KENYA

Thika, Kenya

- Loaded packages onto delivery trucks in an efficient and timely manner.
- Inspected packages for any visible damage before loading.
- Organized packages according to their size and weight.
- Utilized hand-trucks, dollies, and carts to move large quantities of packages.
- Transported materials from receiving areas to storage locations or other designated areas.
- Ensured that all packages were loaded safely and securely.
- Assisted with unloading incoming shipments when necessary.
- Checked shipping documents against items being shipped or received.
- Maintained accurate records of all incoming and outgoing shipments.

General Laborer

2007 to 2013

PEFLO WAREHOUSE LIMITED

Kiambu,

Kenya

- Loaded and unloaded materials onto trucks for delivery to job sites.
- Cleaned tools, equipment, and work areas in order to maintain a safe and organized workspace.
- Assisted tradespeople with tasks such as measuring, cutting, and preparing materials.
- Operated hand tools and power tools to complete construction projects.
- Moved heavy objects using dollies, carts, hoists, or other manual labor techniques.
- Ensured that all safety regulations were followed while working onsite.
- Repaired damaged structures by replacing broken boards or shingles.
- Removed debris from construction sites and disposed of it properly.
- Unloaded building supplies from delivery trucks using forklifts or cranes.
- Sealed joints between sections of precast concrete structures with waterproof sealant.

EDUCATION

HIGH SCHOOL DIPLOMA - Riabai High School, Kiambu, Kenya